



# Activity Book

Have fun with the Choose Tap gang  
and learn how to be water smart!

This book  
belongs to:

.....

.....

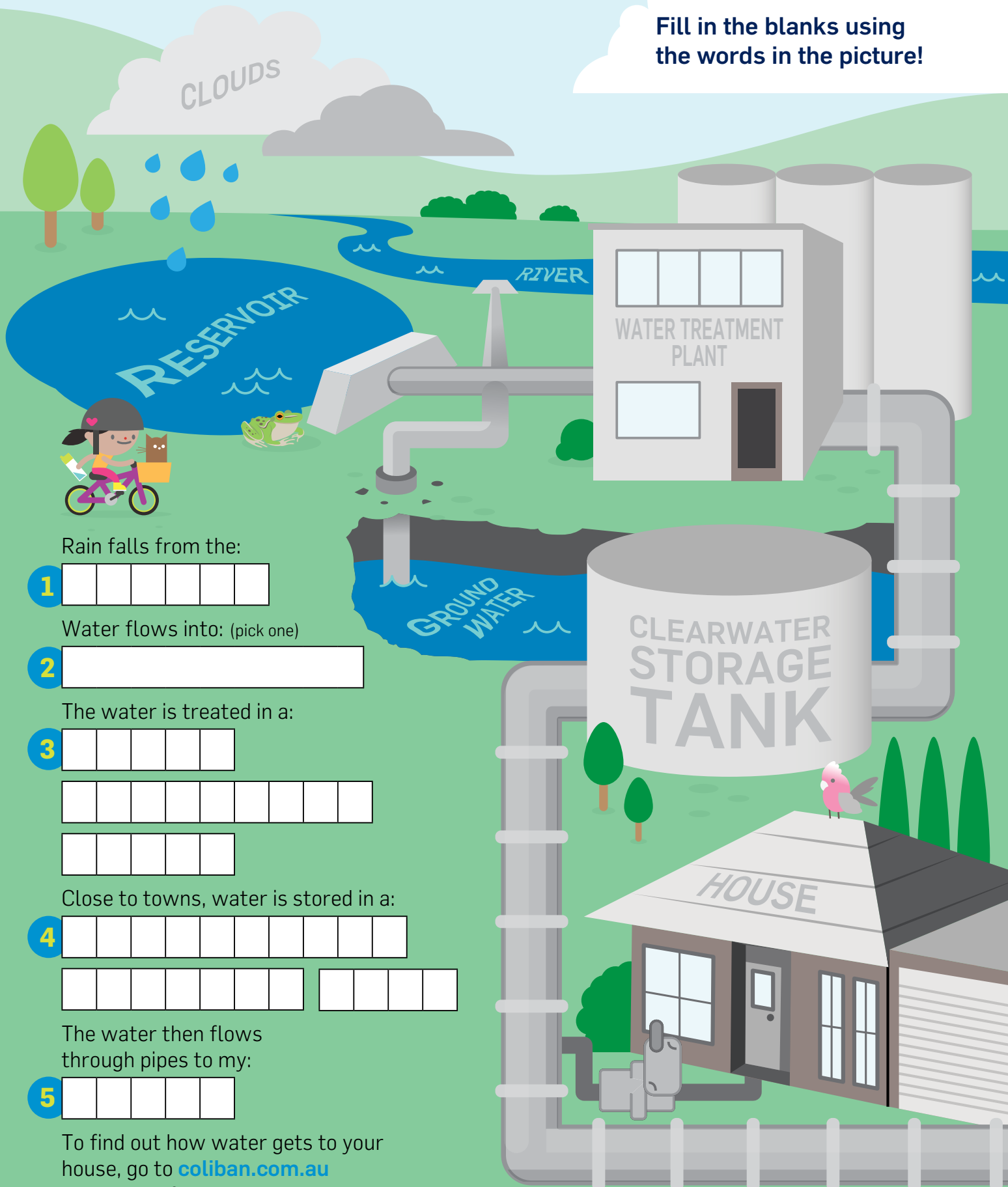
Hi! I'm **Tap!** I have lots of exciting activities for you inside this book. Before we get started, I would like to thank the Dja Dja Wurrung people, Taungurung people and Yorta Yorta people for the land on which we learn and play. We recognise the values that water has for Traditional Owners and Aboriginal Victorians. Here is the land, here is the sky, here are my friends and here am I.

Inside this book you will find fun puzzles and cool facts about water. You will also get to meet the Choose Tap gang and learn about how to save water! **Here we go!**



# HOW DOES WATER GET INTO MY TAP?

Fill in the blanks using the words in the picture!



Rain falls from the:

1

Water flows into: (pick one)

2

The water is treated in a:

3

Close to towns, water is stored in a:

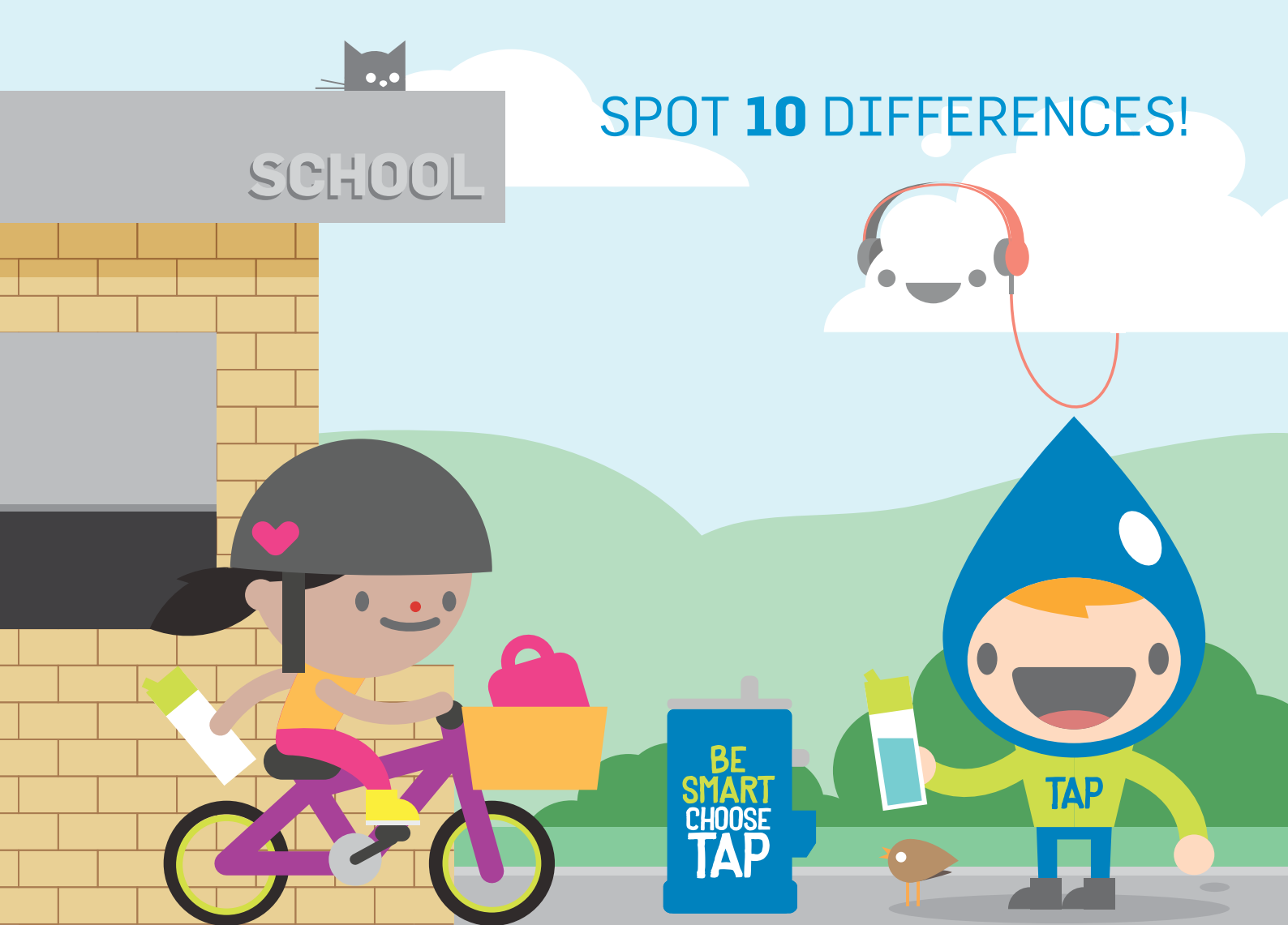
4

The water then flows through pipes to my:

5

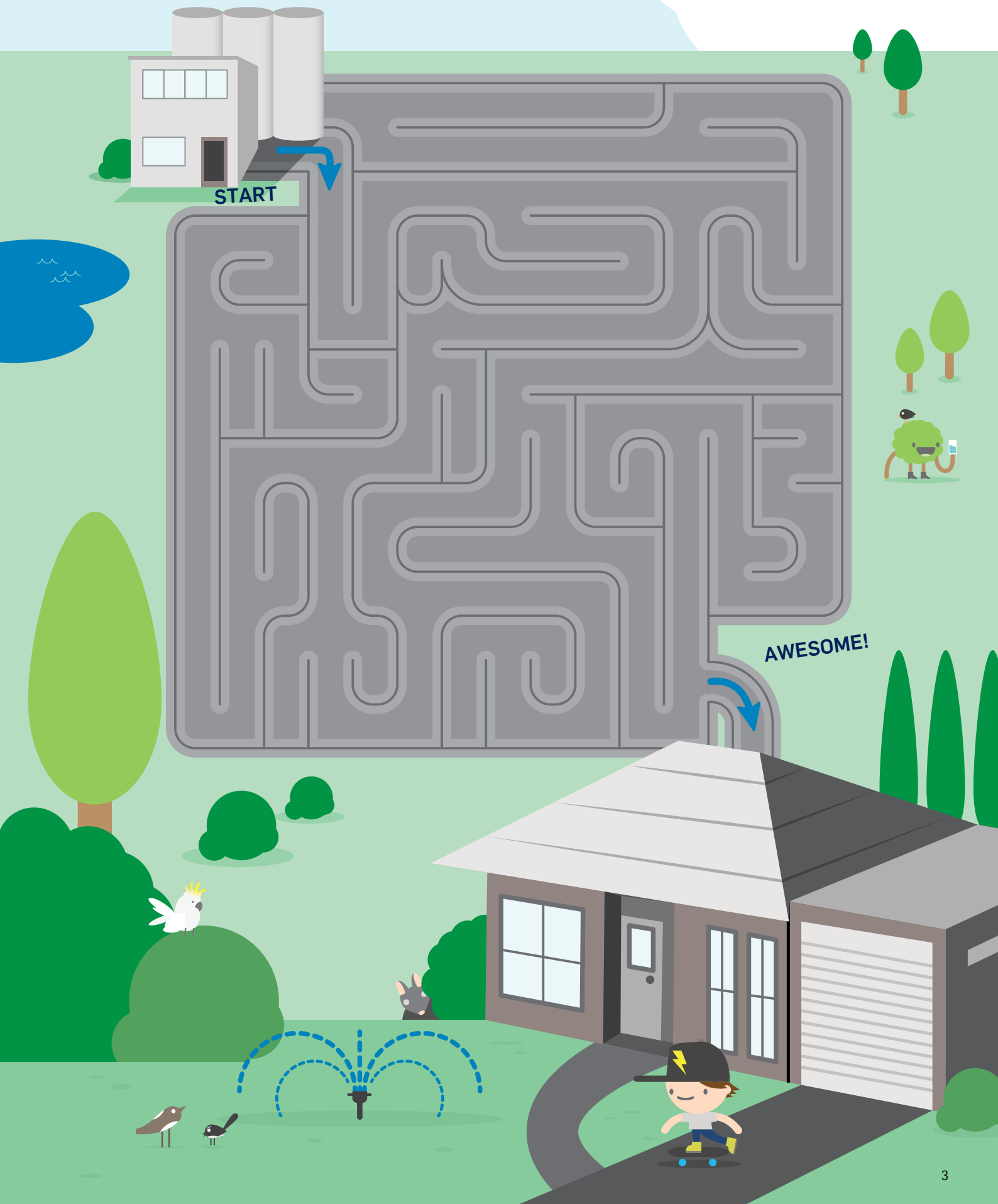
To find out how water gets to your house, go to [coliban.com.au](http://coliban.com.au) and search for 'Your Town'.

SPOT 10 DIFFERENCES!



Water is transferred from our water treatment plant to your house through a network of pipes under the ground. Find the right pipes to take water to the house.

# PIPE MAZE!



# CHOOSE TAP HOUSEHOLD HYDRATION CHALLENGE!

NAME

MON TUE WED THU FRI SAT SUN




The aim of the Choose Tap Household Hydration Challenge is to see which household member drinks the healthiest drinks over one week.

## RULES

- 1 Write each household member's name down the left column.
- 2 Household members receive a tick if they only drink water each day.
- 3 Household members receive a cross if they drink one or more sugary drinks each day.
- 4 Adults are still allowed tea or coffee with milk, but try reducing the amount of sugar by a quarter of a teaspoon.
- 5 Juices, flavoured water, flavoured milk, cordial and sports drinks are all sugary drinks and result in a cross.
- 6 Diet drinks will also result in a cross as these contain ingredients that may be bad for our teeth and health.



# WATER WORD SEARCH!

Up, down, backwards and diagonal! Find the hidden words.



t	e	n	t	e	k	c	u	b	r
e	o	s	e	w	a	t	e	r	e
l	u	o	t	d	n	w	d	b	s
i	m	a	t	i	r	r	i	a	e
o	p	u	a	h	i	a	d	t	r
t	u	r	l	n	b	r	g	h	v
y	d	j	k	c	i	r	z	m	o
g	l	i	v	p	h	a	u	w	i
o	n	e	s	o	h	i	n	s	r
g	p	i	p	e	i	n	e	s	h

bath  
bucket  
drain

drinking  
drip  
garden

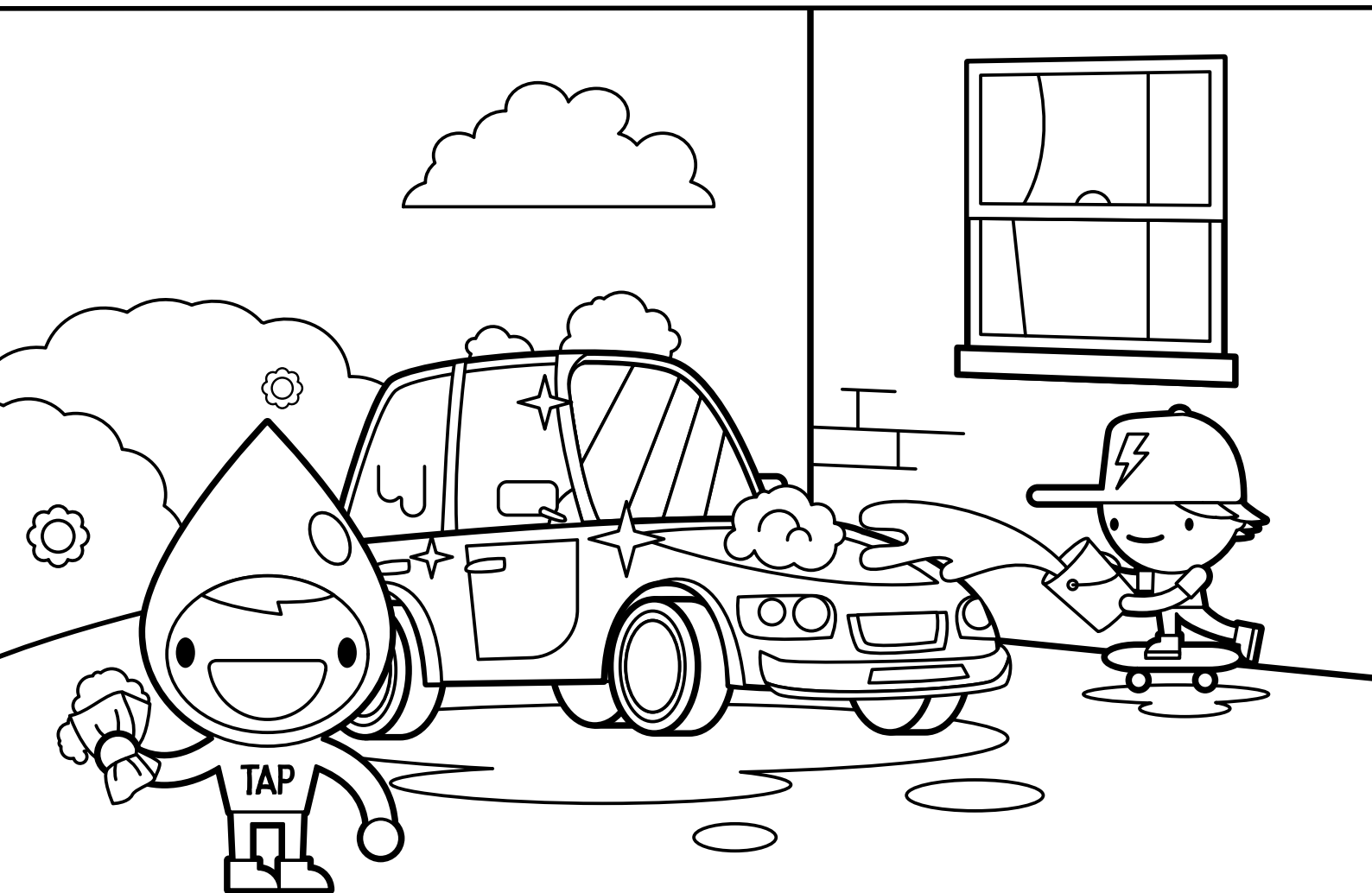
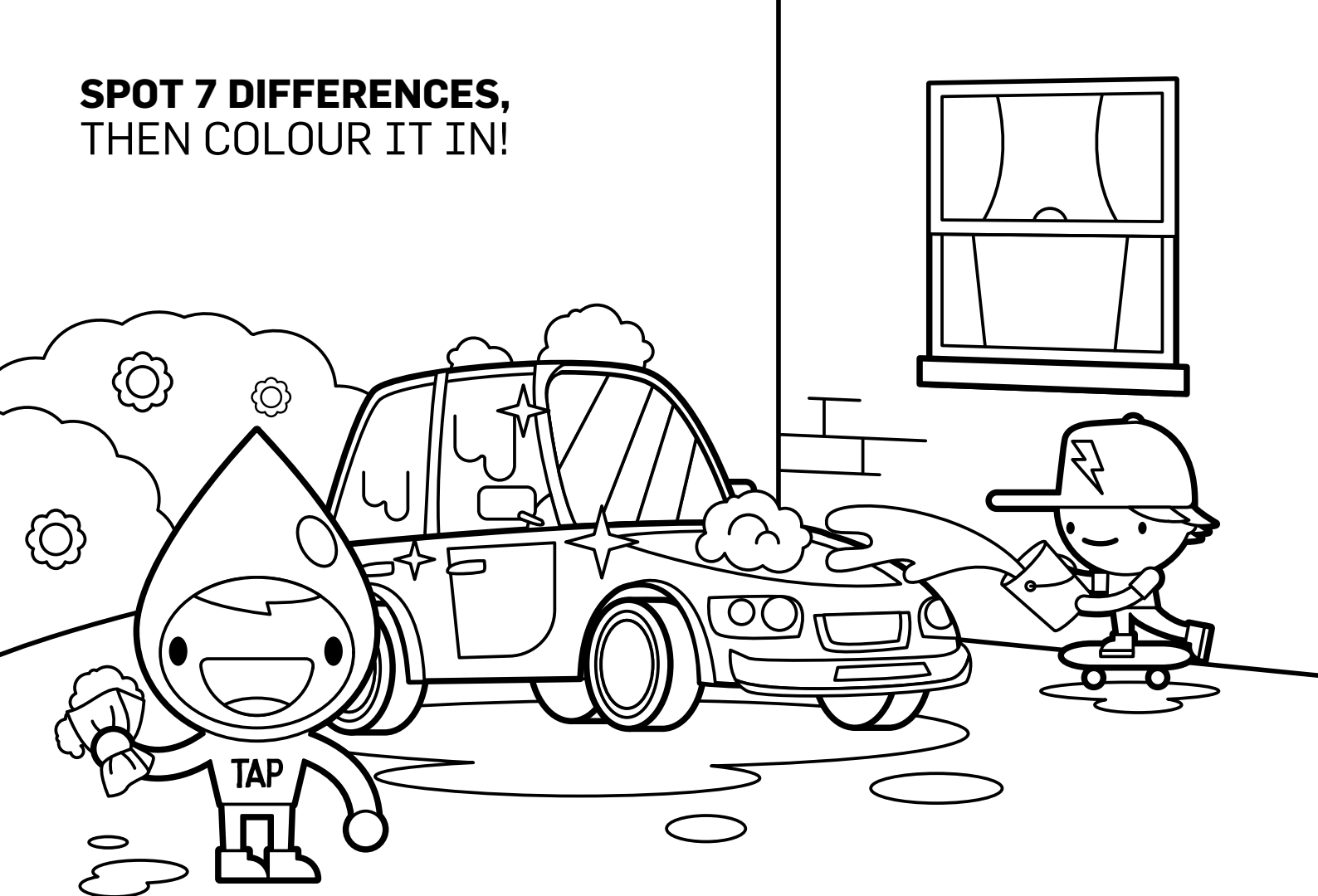
hose  
mulch  
pipe

rain  
reservoir  
tap

toilet  
toothbrush  
water



**SPOT 7 DIFFERENCES,**  
**THEN COLOUR IT IN!**



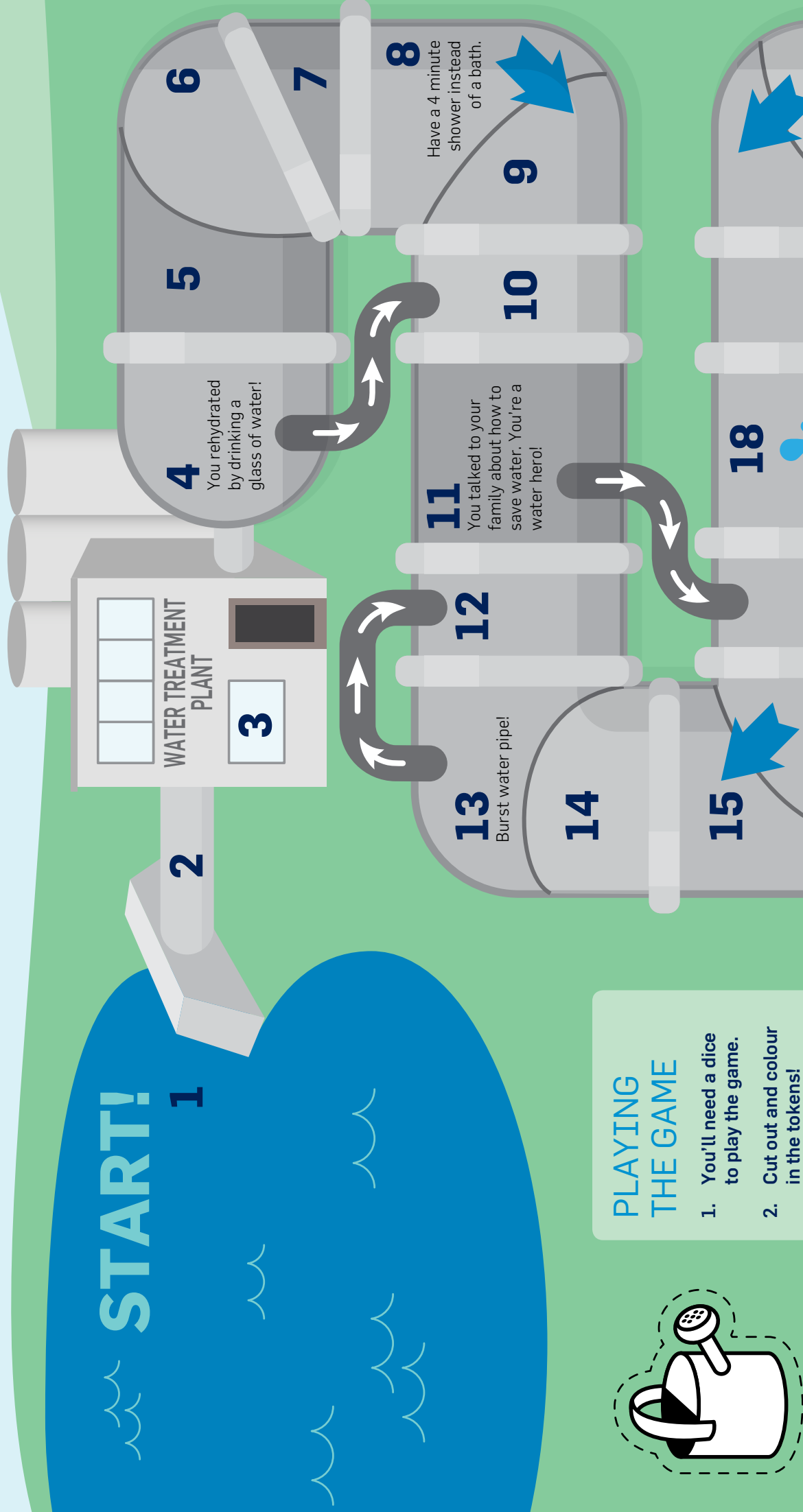


**COLOUR ME!**



SAVE WATER, STAY HEALTHY AND STAY  
HYDRATED IN THIS FUN WATER SMART GAME!

# START!



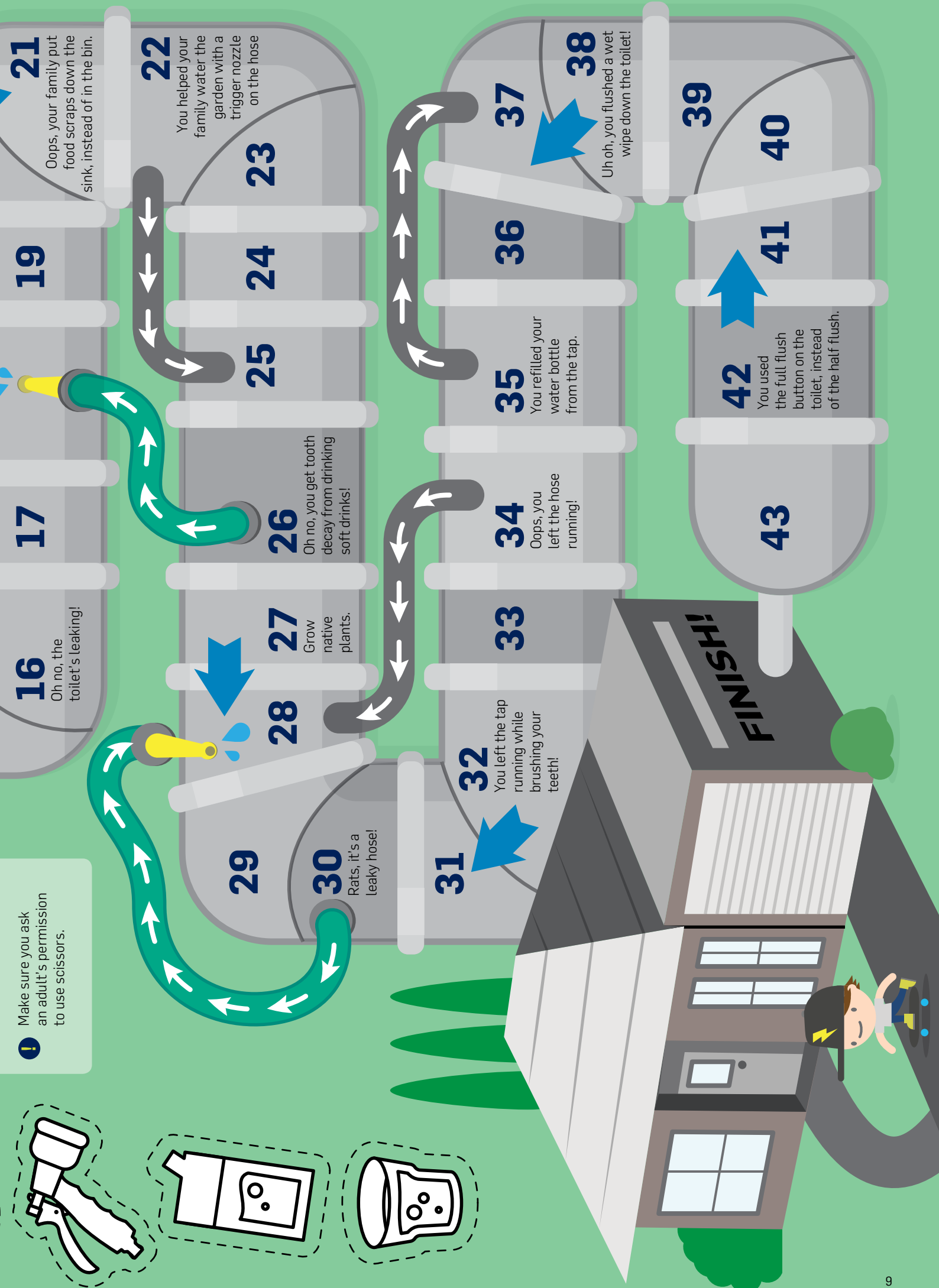
# PLAYING THE GAME

1. You'll need a dice to play the game.
2. Cut out and colour in the tokens!





**!** Make sure you ask an adult's permission to use scissors.



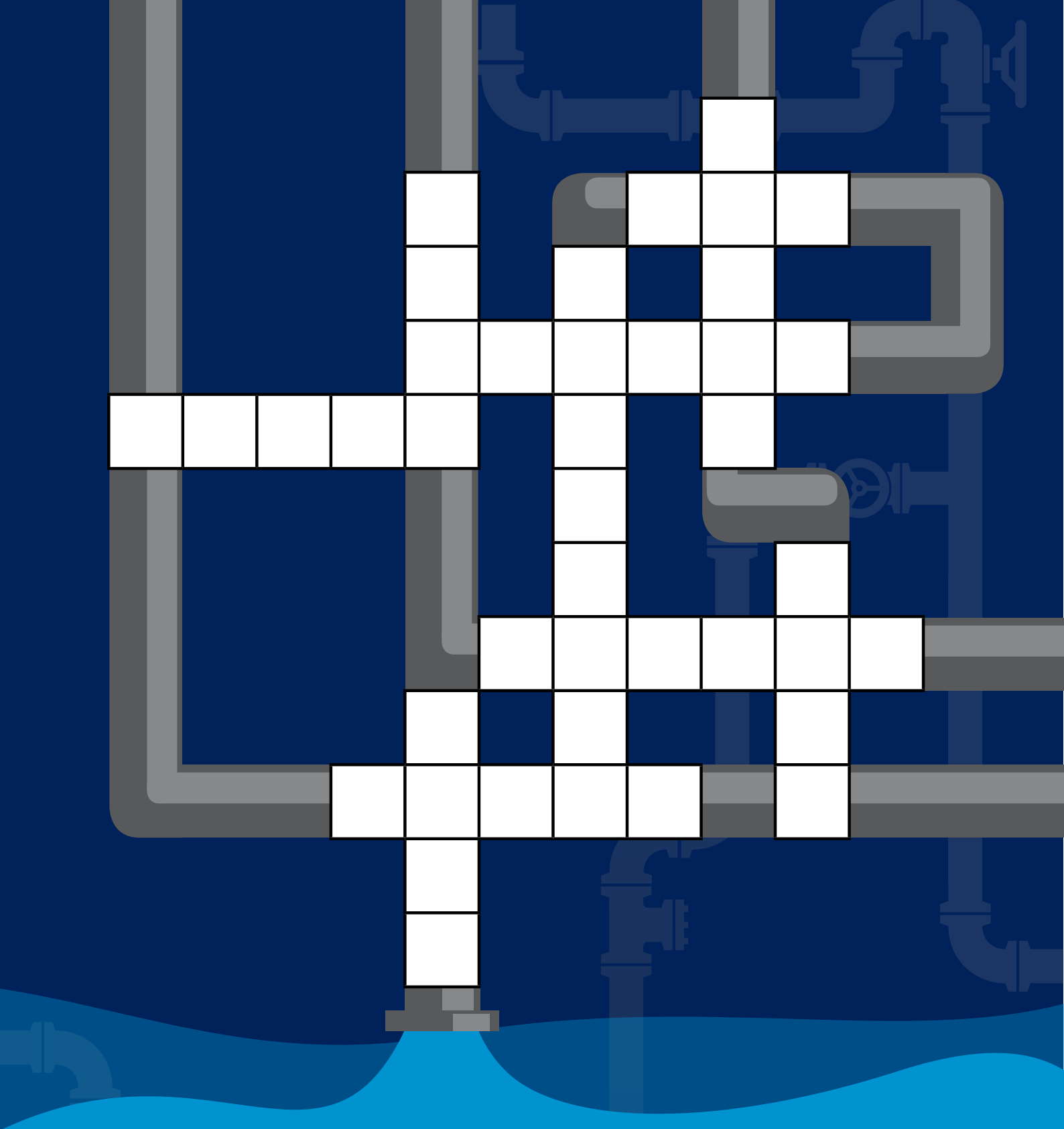
# CLUELESS

## CROSSWORD PUZZLE!

Can you find the correct spot for each of the words?

Hint: If you count the number of spaces, you can figure out which words fit. Once you've finished the crossword, colour Oswald in!





## WORDS

### ACROSS

tap (3 letters)  
drink (5 letters)  
smile (5 letters)

garden (6 letters)  
shower (6 letters)

### DOWN

frog (4 letters)  
hose (4 letters)  
leak (4 letters)

water (5 letters)  
fountain (8 letters)

# SAVING WATER IN THE HOUSE & GARDEN

1

Run the washing machine when it is full

2

Make sure your hose has a trigger nozzle

3

Use mulch

4

Install a water saving shower head

5

Fix leaking toilets

6

Check your hose for leaks

7

Choose plants that need less water

8

Keep showers to 4 minutes

9

Fountains must use recirculated water

10

Fix dripping taps

11

Turn the tap off while brushing your teeth

12

Use sprinklers between 6pm and 10am

13

Use rainwater tanks to water the garden

14

Run your dishwasher when it is full

Read the blue water drops to see how to save water, then put the numbers in the correct drops on the picture!

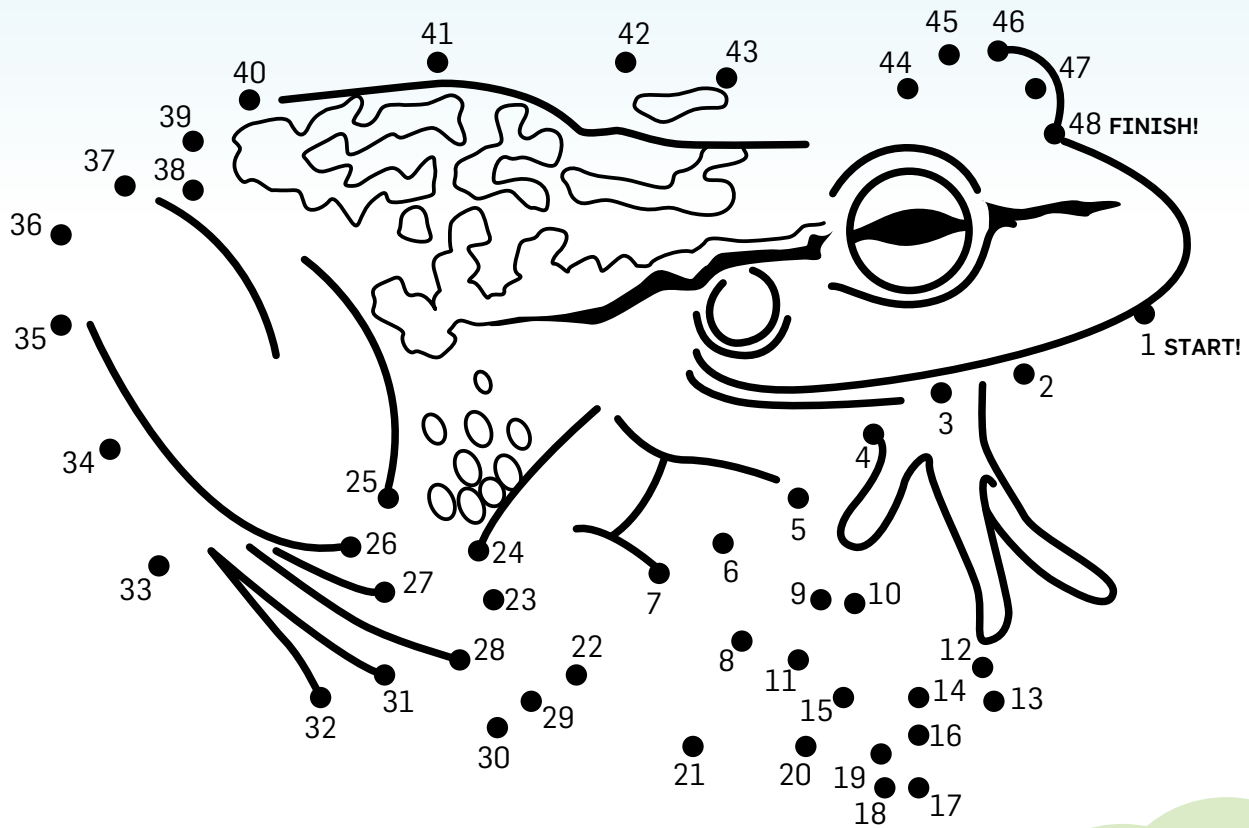




To find out more, visit [coliban.com.au](https://coliban.com.au)  
and search for 'Smart Gardens'.

# DOT TO DOT!

Join the dots and see what the picture is – then colour it in!



## FUN FACT!

Did you know the endangered **Growling Grass Frog** has been spotted at the Bendigo Water Reclamation Plant? They like to hide under rocks for protection and then they come out to find food.

The blue area is where the **Growling Grass Frog** lives in Victoria.



Once you've done the dot-to-dot, write down what it is below!

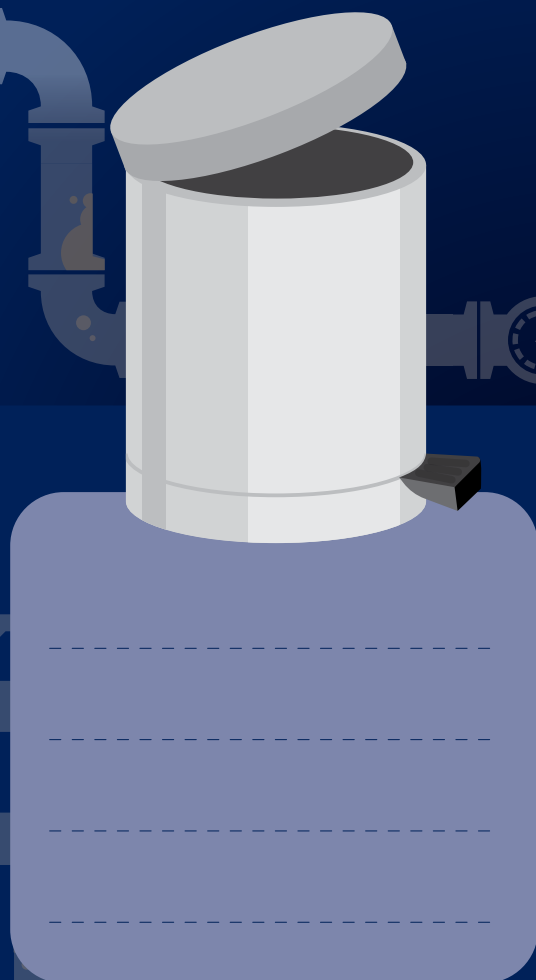
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# Bin it, Don't flush it

PREVENT BLOCKAGES AND PROTECT THE ENVIRONMENT

What goes in the bin, and what goes in the toilet? Write the words in the correct columns.



## WORDS:

rubbish

toilet paper

tissues

poo

wet wipes

paper towels

cotton buds

pee

## Remember - only flush the 3 Ps!

The 3 Ps are **Pee, Poo and toilet Paper**. If you flush other things (like wet wipes) they get caught inside the pipes, causing blockages that are hard to remove!

# TAKE THE **WATER HERO PLEDGE!**



**Be a Water Hero! Tick the pledges below.**

I will remember to:

☐

Carry my own drink bottle with me, and refill it from the tap

☐

Choose tap water as my main drink

☐

Take shorter showers

☐

Use the half flush button on the toilet

☐

Turn off the tap when I brush my teeth

☐

Check the hose is turned off

☐

Show this book to an adult at my house and talk about how we can save water



CUT OUT YOUR OWN  
**CHOOSE TAP  
BOOKMARK!**

Did you know  
our bodies are  
**70% water?**  
Stay hydrated for  
good health

## CONNECT WITH US



1300 363 200

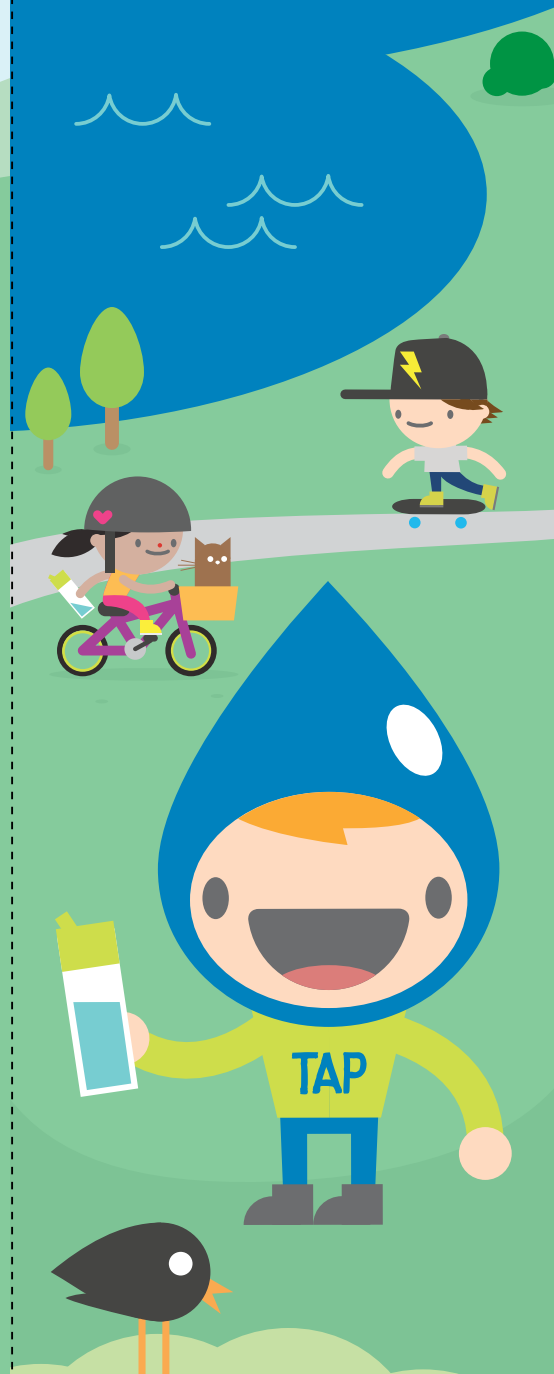
37-45 Bridge Street, Bendigo VIC 3550

[coliban.com.au](http://coliban.com.au)

## ANSWERS

To find answers for this activity book,  
go to [coliban.com.au](http://coliban.com.au) and search 'Education'.

**BE  
SMART  
CHOOSE  
TAP®**



Brought to you by



# Have you had enough water to drink?

## Check your wee to see!



Well done, you're drinking enough water! .....



Good work, have a sip of water .....



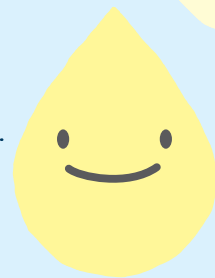
Have a drink of water .....



Have a big drink of water .....



You haven't had enough water today.  
Have a big drink of water now and .....  
more over the next hour



**Please Note:** This information is provided for education and informational purposes only. It is not a substitute for professional medical advice and is not to be relied upon as constituting advice.

For more facts  
about how you can  
stay healthy and  
hydrated visit  
our website  
[www.coliban.com.au](http://www.coliban.com.au)

